



Taking a moment to stop and rest from our busy lives is essential for our well-being. In the gospel this weekend Jesus has to take time to pray, as he has been so busy travelling from place to place healing many people. He reminds us that prayer offers us some time to refresh, rejuvenate and restore ourselves so we can be the best we can be.- **Mrs A M Kendal, Head of School**

“God calls each one of us, and each call is a gift that should fill us with joy.” **Pope Francis**

Pupil of the Week:

Pupils who gained a certificate this week are:

- Reception – Maria
- Year 1 – Miruna
- Year 3 – Andrew
- Year 5 – Teodosia
- Year 2 – Isla
- Year 4 – Jude
- Year 6 – Lottie



House Points: Well done to **St Francis** this week's winners with 135 points!

- St Bernadette - 127
- St Francis – 135
- St Paul – 62
- St Theresa – 121
- St Thomas More – 77
- St Anne Line - 113

Half Term: School will finish for half term at 3.15pm on Friday 16th February. Children will return back to school on Monday 26th February.

Tag Rugby: Last Friday some Year 5 and 6 went to the Harlow Rugby Club to play tag rugby. In fun games we learnt so much about the sport and how it makes us healthier. I really enjoyed the morning. Chinedum Yr. 6 [Sport Events 23-24](#)

Year 6 Mass: It was lovely to share a Mass with Year 6 this week and consider all the things we must be thankful for. The class reflected on their talents and how they can share them for the good of others. They produced a beautiful poem about Mr Shelley to say thank you for all he did for us.

Name Tags: Please can parents make sure all uniform and drink bottles are name tagged. You may feel your child is old enough to keep track of their stuff, however this prevents another child from picking it up mistakenly thinking it is theirs.

Online Safety: This week the whole school have been focused about online safety. Within each class children have learnt about how to stay safe and what to do if things go wrong. It is so important that you as parents communicate with your child about why this topic is so important. Top tips from the UK Safer Internet Centre for parents in this Safer Internet week. [Top Tips for parents and carers - UK Safer Internet Centre](#)

Year 1 Fire Safety Talk: We had an informative and fascinating visit from Essex Fire service educational officer. We learned why firefighters are very special and how they help our community, fun facts about fire stations, fire engines and firefighters. She taught us that firefighters do use animals like dogs to help them on their rescue missions. We have learned all the fun details about firefighters uniforms, had the chance to feel the material and Miss Nick even got to dressed up as a firefighter! Then we learned about smoke alarms and their importance. We have been given a task to check and make sure we all have smoke alarms at home and if not where we should go to get one. Year 1 has enjoyed this visit very much!

Year 1 Coronation Wow Day: Yesterday, Year 1 spent a fabulous day at St Alban's celebrating the reign of Queen Elizabeth II. Activities included invitation writing, crown making and decorating cupcakes. The day came to a exciting conclusion with a coronation and the Queen being crowned by the Archbishop, followed by a wonderful street party.

Illness: If your child has a sickness bug (vomiting/diarrhoea), please ensure they have a period of 48hrs without an episode before sending them back to school. Please also keep your child off if they have a temperature. More advise on

when to keep your child off school can be found on the [NHS Website](#).

Mini-Vinnies

The Minnie Vinnies had planted some lovely things in our prayer garden- look here to find out more. [St Luke's Catholic Academy - Mini-Vinnies](#)

Dinner Menu: Our school dinner menu can be located [here](#). W/C 12th February will be Week 3.

Dessert on Shrove Tuesday will be pancakes.

Ash Wednesday Lunch

- Cheese and potato whirls, new potatoes and beans
- Or
- Jacket Potato
- Fruit and Yoghurt

Next 2 weeks:

- Tue 13th Feb: Y2 Class Workshop
- Wed 14th Feb: Ash Wednesday Mass 10.55am (All Parents Welcome)
- 19th Feb-23rd Feb: Half Term
- Mon 26th Feb: Y3 Class Trip
- Tue 27th Feb: Y5 Class Mass 2.30pm
- Thu 29th Feb: School Photo's
- Fri 1st Mar: Y2 Class Assembly 9.05am

Key Dates: Please see the link for [class assemblies, Mass/Prayer Service, and other school events](#) [Key Dates: 2023-2024](#)

Mass Times:

Holy Cross Parish Mass Times are:
Saturday 5.30pm **Sunday** 9am and 11am
holycrosschurchharlow.co.uk

Our Lady of Fatima Parish Mass times are:
STM Church **Sunday** 8.30am
OLF Church: **Saturday** 6pm
Sunday 10.30am, 12.15pm (Polish)
<https://olfstm.weebly.com/>

