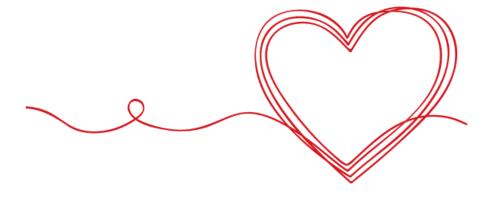
## Caritas Curriculum

Key Learning Outcomes
Year 5







Year 5	Autumn				Spring				Summer	Summer								
Caritas Theme	Love of self				Love of other	ers			Love									
	Our familie	s & cor	nmur	ity	Happiness is			Common Good										
Caritas	Building up	the Co	mmu	nity	0 0			erences (Rights We walk together			as peop	le of peace						
T	Into Africa				and Respons				A River's ta	1.								
Topic	_	0 10	,			e Stars	•				1							
Hook with a Book	Secrets of a	Sun Kı	ıng		Cosmic				Once Upon	a Kain	drop							
Science	Light and sh	adows			Earth and sp	ace			Life cycles a	nd rep	roducti	on						
	Light traveli	ng							Offspring									
History	Ancient Egy	pt			Linking of p	rior lea	arning*	•	Viking invas	Viking invasion								
Geography	Africa-				Linking of p	rior lea	arning*		Rivers									
Art	Mixed med	ia land	and		Making Mo	notype	es (prin	ting)	Topography and maps (drawing)			rawing)						
	cityscapes (painting)																	
	ARTIST FO	CUS: C	Cheri	Samba														
Design &	?				Marble run/	roller (	Coaster		?	?								
Technology																		
Computing	Sharing Info	rmatio	n		Vector Draw	ing			Video editing									
	Databases				Online Safet	nline Safety			Pizza Party									
PE	Dodgeball	Footb	all/	Gymnastics	Tag Rugby	Netba	all	Tennis	Kwik	Roun	ders/	Athletics/						
		Hock	ey			Baske	etball	Dance	Cricket	Sport Races	s Day	Volleyball						
MFL		1			l	Fre	nch			110.000								
Music	Livin' on a F	rayer	The	Fresh Prince	Harlow ROH-		Harlo	ow ROH-	Whole class	Whole class Who		e class						
			of Bel-Air		5		,		,		Year 3&4 son	Year 3&4 songs Year 3&4		3&4 songs	instrument		instru	ıment
					OR	_	OR		lessons		lessor	ns						
					'Reflect, Rev	vind	'Class	sroom Jazz			Sumr	ner						
					& Replay'-		1′-Bo	ssa Nova			Perfo	rmance						
					Classical		and S	Swing										





## Curriculum Narrative

Year 5	Autumn	Spring	Summer
	Year 5 – Into Africa	Reach for the Stars	
	Through discovering the Secrets of the Sun	Year 5 take a trip with Cosmic to space to	
	King year 5 reveal the life of an ancient	explore the galaxies, finding happiness	
	Egyptian and how they built a community. In	through finding our differences understanding	
	Geography they look at the physical and	the science of earth and space. By learning	
	human features of Africa and compare to	mono-printing the children create art work	
	other places studied. Our understanding of	showing a view of space. Using inspiration	
	how we see and how shadows are formed in	from Cosmic the children design and create	
	science help us to see this world more clearly	their own marble run in design and	
	and how we have developed as scientists over	technology and in computing they create	
	the years. Through our art we create our own	Vector images within their notebooks on	
	set designs for some of our Egyptian suspense	teams. In music the children take a leap into	
	stories. As we close the topic our music leads	opera and learn the story of "The magic flute"	
	us into an exploration of a range of genres.	and reach for the stars as they perform it for	
		others.	

Subject	Sub theme	Key Learning Outcomes	When
Caritas	Love of self	Building up the Community	Autumn
	Our		
	families &		
	community		
Caritas	Love of	Recognising the differences (Rights and Responsibilities)	Spring
	others		
Caritas	Love	We walk together as people of peace	Summer
	Common		
	Good		
English	Reading	Apply their growing knowledge of root words, prefixes and suffixes (morphology and	
8 10-11		etymology), as listed in English appendix 1, both to read aloud and to understand the	
		meaning of new words that they meet.	





- Positive attitude to Reading: Continue to read and discuss an increasingly wide range of fiction, poetry, plays, non-fiction and reference books or textbooks
- Understand what is read: Ask questions to improve their understanding
- Understand what is read: Draw inferences such as inferring characters' feelings, thoughts and motives from their actions, and justifying inferences with evidence
- Understand what is read: Predict what might happen from details stated and implied
- Understand what is read: Summarise the main ideas drawn from more than 1 paragraph,
   identifying key details that support the main ideas
- Understand what is read: Identify how language, structure and presentation contribute to meaning
- Understand what is read: Discuss and evaluate how authors use language, including figurative language, considering the impact on the reader
- Understand what is read: Distinguish between statements of fact and opinion
- Understand what is read: Answer questions drawing on information from several places in the text
- Positive attitude to Reading: Read books that are structured in different ways and reading for a range of purposes
- Positive attitude to Reading: Increasing their familiarity with a wide range of books, including myths, legends and traditional stories, modern fiction, fiction from our literary heritage, and books from other cultures and traditions
- Positive attitude to Reading: Recommend books that they have read to their peers, giving reasons for their choices
- Positive attitude to Reading: Identify and discuss themes in and across a wide range of writing
- Positive attitude to Reading: Make comparisons within and across books
- Positive attitude to Reading: Learn a wider range of poetry by heart
- Positive attitude to Reading: Prepare poems and plays to read aloud and to perform, showing understanding through intonation, tone and volume so that the meaning is clear to an audience
- Understand what is read: Check that the book makes sense to them, discussing their understanding and exploring the meaning of words in context
- Understand what is read: Retrieve, record and present information from non-fiction





				Maria (SIM 20
		•	Understand what is read: Participate in discussions about books that are read to them and	
			those they can read for themselves, building on their own and others' ideas and challenging	
			views courteously and provide reasoned justifications for their views	
		•	Explain and discuss their understanding of what they have read, including through formal	
			presentations and debates, maintaining a focus on the topic and using notes where necessary	
English	Reading	•	Express opinions about a text, using evidence from the text, giving reasons and explanations/	
211911	GDS		Point, evidence, explanation (PEE)	
		•	Adapt own opinion in the light if further reading or other's ideas	
		•	Identify formal and informal language	
		•	Know the features of different narrative text types, for example adventure, fantasy, myths.	
		•	Compare texts by the same writer	
		•	Compare texts by different writers on the same topic	
		•	Summarise key information from different texts	
		•	Empathise with different character's points of view	
		•	Infer meaning using evidence from the text and wider reading and personal experience	
		•	Explain how a writer's use of language and grammatical features have been used to create	
			effects and impact on the reader	
		•	Explain how punctuation marks the grammatical boundaries of sentences and gives meaning	
		•	Know how the way a text is organised supports the purpose of the writing	
English	Writing	•	To write legibly and fluently	
	Working	•	To write for a range of narratives and non-fiction pieces using appropriate structure some of	
	Towards		the time (including genre-specific layout devices)	
		•	To use the full range of punctuation from previous year groups.	
		•	To create paragraphs that are sometimes suitably linked (some transitions may be awkward).	
		•	To select appropriate grammar and vocabulary to match the purpose and audience of their	
			writing.	
		•	To spell some words correctly from the Y5/6 statutory spelling list.	
English	Writing	•	To write for a range of purposes and audiences, confidently selecting structure and	
8	At expected		organisation of a text depending on audience and purpose.	
		•	To create paragraphs that are usually suitably linked.	
		•	To use dialogue to convey a character and advance the action with increasing confidence.	
		•	To write legibly, fluently and with increasing speed	





			The Carlotte
		To use relative clauses beginning with a relative pronoun (who, which, where, when, whose,	
		that), e.g. Professor Scriffle, who was a famous inventor, had made a new discovery.	
		To use brackets, dashes or commas to begin to indicate parenthesis.	
		To use adverbs and modal verbs to indicate degrees of possibility, e.g. surely, perhaps,	
		should, might, etc.	
		To spell many verb prefixes correctly, e.g. deactivate, overturn, misconduct, etc.	
English	Writing	To effectively select (in an appropriate form) the correct features for the relevant text types	
8	GDS	taught in some pieces.	
	Autumn	To sometimes describe settings, characters and atmosphere with carefully chosen vocabulary	
		to enhance mood, clarify meaning and create pace.	
		To sometimes consistently link ideas across paragraphs.	
		To proofread their work and assess the effectiveness of their own and others' writing and	
		make necessary corrections and improvements	
		To sometimes use some punctuation precisely to enhance meaning including to use commas	
		consistently most of the time to clarify meaning or to avoid ambiguity	
		To spell some verb prefixes correctly, (e.g. deactivate, overturn, misconduct, etc.)	
English	Writing	To effectively select (in an appropriate form) the correct features for the relevant text types	
211611311	GDS	taught in many pieces.	
	Spring	To mostly describe settings, characters and atmosphere with carefully chosen vocabulary to	
		enhance mood, clarify meaning and create pace.	
		To consistently link ideas across paragraphs most of the time.	
		To proofread their work and assess the effectiveness of their own and others' writing and	
		make necessary corrections and improvements	
		To mostly use some punctuation precisely to enhance meaning including to use commas	
		consistently most of the time to clarify meaning or to avoid ambiguity	
		To spell most verb prefixes correctly, (e.g. deactivate, overturn, misconduct, etc.)	
English	Writing	To effectively select (in an appropriate form) the correct features for the relevant text types	
Liigiisii	GDS	taught in most pieces.	
	Summer	To describe settings, characters and atmosphere with carefully chosen vocabulary to enhance	
		mood, clarify meaning and create pace.	
		To consistently link ideas across paragraphs.	
		<ul> <li>To use some punctuation precisely to enhance meaning including to use commas consistently</li> </ul>	
		most of the time to clarify meaning or to avoid ambiguity	
		most of the time to claimy meaning of to avoid ambiguity	





		AND CALLED TO SERVICE OF THE PERSON OF THE P
	To independently proofread their work and assess the effectiveness of their own and others	3'
	writing and make necessary corrections and improvements	
	To spell most verb prefixes correctly, (e.g. deactivate, overturn, misconduct, etc.)	
Mathematics	Use standard written methods for all four operations	Autumn
	+ and - up to 4 digits, multiply 4 digits by 2 digits	
	Confidently add & subtract mentally with large numbers	
	Convert between different units metric and imperial and time	
	Measure and identify angles	
	Compare and order fractions with denominators of the same multiple	
	Identify equivalent fractions	
	Write decimals as fractions, including fifths, tenths and 25ths	
	Use vocabulary of and identify prime, factor and multiple	
	Secure place value to 1 000 000, including counting forwards and back	
Mathematics	• Use long multiplication for 2 digit numbers, short multiplication for 4 d ÷ 1 d	Spring
	• X and ÷ decimals by 10, 100, 1000	
	Interpret tables & line graphs	
	Use square and cube numbers	
	Understand regular polygons and find missing lengths and angles	
	Use negative whole numbers in context, counting through 0	
	<ul> <li>Add &amp; subtract fractions with common denominators and with mixed numbers</li> </ul>	
	Multiply fractions and mixed numbers by units	
	Order & round decimal numbers to 2 decimal places and 3 decimal places	
Mathematics	Identify 3-d shapes	Summer
	Reflect & translate shapes	
	Use thousandths	
	<ul> <li>Link percentages to fractions and decimals, including fifths, tenths and 25ths</li> </ul>	
	Calculate perimeter of composite shapes & area of rectangles	
	Calculate area of rectangles	
	Estimate volume & capacity	
	Round numbers up to 1000 000and use this to check answers	
	+ and - fractions with the same denominator/multiple of denominator	
	Solve multi-step problems for the above	
	• *Read Roman numerals to 1000 (M) and years written in Roman numerals	





<u> </u>		STATE OF THE PARTY
ematics GDS	Working at greater depth across most areas of the curriculum, using and applying     Mathematical knowledge and Thinking Mathematically	
Living Things and their Environment	<ul> <li>describe the differences in the life cycles of a mammal, an amphibian, an insect and a bird</li> <li>describe the life process of reproduction in some plants and animals.</li> </ul>	Spring
Animals Including Humans	describe the changes as humans develop to old age.	Summer
Evolution and Inheritance	<ul> <li>recognise that living things produce offspring of the same kind, but normally offspring vary and are not identical to their parents</li> <li>identify how animals and plants are adapted to suit their environment in different ways and that adaptation may lead to evolution.</li> </ul>	Autumn
Earth and Space	<ul> <li>describe the movement of the Earth, and other planets, relative to the Sun in the solar system</li> <li>describe the movement of the Moon relative to the Earth</li> <li>describe the Sun, Earth and Moon as approximately spherical bodies</li> <li>use the idea of the Earth's rotation to explain day and night and the apparent movement of the sun across the sky</li> </ul>	Spring
nce Light	<ul> <li>recognise that light appears to travel in straight lines</li> <li>use the idea that light travels in straight lines to explain that objects are seen because they give out or reflect light into the eye</li> <li>explain that we see things because light travels from light sources to our eyes or from light sources to objects and then to our eyes</li> <li>use the idea that light travels in straight lines to explain why shadows have the same shape as the objects that cast them</li> <li>notice that light is reflected from surfaces</li> <li>recognise that light from the sun can be dangerous and that there are ways to protect their eyes</li> <li>recognise that shadows are formed when the light from a light source is blocked by an opaque object</li> </ul>	Autumn
		<ul> <li>recognise that light from the sun can be dangerous and that there are ways to protect their eyes</li> <li>recognise that shadows are formed when the light from a light source is blocked by an</li> </ul>





Science	Working	•	planning different types of scientific enquiries to answer questions, including recognising	On going
	Scientificall		and controlling variables where necessary =	
	у	•	taking measurements, using a range of scientific equipment, with increasing accuracy and	
			precision, taking repeat readings when appropriate	
		•	recording data and results of increasing complexity using scientific diagrams and labels,	
			classification keys, tables, scatter graphs, bar and line graphs	
		•	using test results to make predictions to set up further comparative and fair tests	
Science	GDS	•	Working at a greater depth across the majority of the curriculum, Can use Scientific	Sum
			knowledge in relation to the world around them.	
		•	Can work scientifically through questioning and reasoning with fluency. Challenging	
			themselves through higher order thinking.	
History	Chronology	•	Describes events using words and phrases such as: century, decade, BC, AD, after, before,	Aut Spr
			during, Tudors, Stuarts, Victorians, era, period.	& Sum
		•	Sequence historical periods.	
		•	Use timelines to place, and sequence local, national, international events.	
		•	Identifies changes within and across historical periods.	
History	Range and	•	Identifies some social, cultural, religious and ethnic diversities of societies studied in Britain	Aut &
<b>J</b>	Depth of		and wider world.	Sum
	Historical	•	Gives some causes and consequences of the main events, situations and changes in the	
	Knowledge		periods studied.	
History	Interpretati	•	Looks at different versions of the same event and identifies differences in the accounts.	Aut &
J	ons of	•	Gives clear reasons why there may be different accounts of history.	Sum
	Historical	•	Knows that people (now and in the past) can represent events or ideas in ways that	
	Enquiry		persuade others.	
		•	Use documents printed sources, the internet, databases, pictures, photos, music, artefacts,	
			historic buildings and visit to collect information about the past.	
		•	confident use of library, e-learning, research	
		•	Realises that there is often not a single answer to historical questions.	
		•	Asks a range of questions about the past.	
		•	Chooses reliable sources of evidence to answer questions.	
History	Organisatio	•	Uses dates and terms accurately	Aut Spr
,	n and	•	Present structured and organised findings about the past using speaking, writing, maths,	& Sum
			ICT, drama and writing skills.	





				- ADELLA COMP.
	Communica	•	Chooses most appropriate way to present information to an audience.	
	tion			
History	GDS	•	examine causes and results of great events and the impact on people	Aut Spr
J		•	begin to identify primary and secondary sources	& Sum
		•	use evidence to build up a picture of life in time studied	
Geography	Locational	•	Identify the position and significance of longitude and latitude, the Equator, Northern	Aut &
0 1 7	Knowledge		Hemisphere and Southern Hemisphere.	Sum
		•	Locate the world's countries concentrating on key physical and human characteristics and	
			major cities.	
Geography	Place	•	Understand geographical similarities and differences through the study of human and	Aut
0 1 7	Knowledge		physical geography of a region of the United Kingdom and a region in Africa.	
Geography	Human and	•	Describe and understand key aspects of human geography, including: types of settlement,	Aut &
0 1 7	Physical		economic activity, food, water.	Sum
	Geography	•	Describe and understand key aspects of physical geography, including: biomes, vegetation	
			belts, rivers, mountains, water cycle, cliff, stack, stump, cave, arch.	
Geography	Geographic	•	Use maps, atlases and globes to locate countries and describe features studied.	Aut Spr
	al skills and	•	Use the points of a compass, 4- figure grid references, basic symbols and key (including the	& Sum
	fieldwork		use of Ordnance Survey maps) to build their knowledge of the United Kingdom and the	
			wider world.	
		•	Use fieldwork to observe, measure record and present the human and physical features in	
			the local area using a range of methods, including sketch maps, plans and graphs.	
Geography	GDS	•	Explain a range of viewpoints about the development of a country and use geographical	Aut Spr
			evidence to support these views.	& Sum
		•	Begin to explain ideas of sustainability environmentally and economically and how	
			somewhere has changed over time	
Art	Mixed	•	explore how artists respond to land and city scapes in various ways by using inventive	Autumn
	media land		mixed media combinations.	
	and	•	create a colour palette, demonstrating mixing techniques.	
	cityscapes	•	use my sketchbook to explore and experiment.	
	(painting)	•	I have taken creative risks and been able to reflect upon what worked and what didn't work.	
	ARTIST			
	FOCUS:			





	C1 ·			acte day.
	Cheri			
	Samba			
Art	Making	•	understand what a Monotype is and can see how artists use monotypes in their work.	Spring
	Monotypes	•	study drawings made by other artists and identify particular marks they have used in	
	(printing)		their drawings.	
		•	use my sketchbook to explore my ideas.	
		•	use my mark making skills to create exciting monotypes, combining the process with	
			painting and collage.	
		•	use colours, lines, shapes and words to create imagery	
		•	share my thinking and outcomes with my classmates. I can listen to their views and	
			respond.	
Art	Topography	•	understand that Typography is the visual art of creating and arranging letters and words	Summer
	and maps		on a page to help communicate ideas or emotions.	
	(drawing)	•	explore how I can create my own letters in a playful way using cutting and collage.	
		•	draw my own letters using pen and pencil inspired by objects I have chosen around me.	
			I can reflect upon why my letters have a meaning to me.	
		•	use my sketchbooks for referencing, collecting and testing ideas, and reflecting.	
		•	use my mark making, cutting and collage skills to create my own visual map, using	
			symbols, drawn elements and typography to express themes which are important to me	
Design &	Developing,	•	Use results of investigations, information sources, including ICT when developing ideas	Aut Spr
Technology	planning	•	Draw up a specification for their design- link with Mathematics and Science.	& Sum
recimology	and	•	With growing confidence apply a range of finishing techniques, including those from art	
	communica		and design	
	ting ideas			
Design &	Working	•	Understand how mechanical systems such as cams or pulleys or gears create movement.	Aut &
Technology	with tools,	•	Know how more complex electrical circuits and components can be used to create functional	Sum
recimology	equipment,		products and how to program a computer to monitor changes in the environment and	
	materials		control their products	
	and	•	Begin to measure and mark out more accurately.	
	components	•	Demonstrate how to use skills in using different tools and equipment safely and accurately	
	to make		with growing confidence cut and join with accuracy to ensure a good-quality finish to the	
	quality		product	
	products			





		•	Use finishing techniques to strengthen and improve the appearance of their product using a	
			range of equipment including ICT	
Design &	Evaluating	•	Begin to evaluate it personally and seek evaluation from others.	Aut &
Technology	processes	•	Evaluate their work both during and at the end of the assignment.	Sum
reciliology	and	•	Evaluate the key designs of individuals in design and technology has helped shape the	
	products		world.	
Design &	Food and	•	Start to understand how to use a range of techniques such as peeling, chopping, slicing,	Aut
Technology	Nutrition		grating, mixing, spreading, kneading and baking.	
recimiology		•	Know how to prepare and cook a variety of predominantly savoury dishes safely and	
			hygienically including, where appropriate, the use of a heat source.	
		•	Understand that food is grown (such as tomatoes, wheat and potatoes), reared (such as pigs,	
			chickens and cattle) and caught (such as fish) in the UK, Europe and the wider world.	
Computing		•	use technology safely, respectfully and responsibly; recognise acceptable/unacceptable	Aut Spr
1 0			behaviour; identify a range of ways to report concerns about content and contact	& Sum
		•	use logical reasoning to explain how some simple algorithms work and to detect and correct errors in algorithms and programs	
		•	understand computer networks including the internet; how they can provide multiple	
			services, such as the world wide web; and the opportunities they offer for communication	
			and collaboration	
		•	select, use and combine a variety of software (including internet services) on a range of	
			digital devices to design and create a range of programs, systems and content that	
			accomplish given goals, including collecting, analysing, evaluating and presenting data and information	
PE	Acquiring	•	develop consistency and fluency in their skills	Aut Spr
	and	•	develop a broader range of techniques and skills for attacking and defending	& Sum
	Developing	•	perform gymnastic actions, shapes and balances consistently and fluently in specific	
	Skills		activities	
PE	Selecting	•	choose and apply skills more consistently in all activities	Aut Spr
	and	•	choose and apply basic compositional ideas to the sequences they create, and adapt them to	& Sum
	applying		new situations	
	skills,	•	know and apply the basic strategic and tactical principles of attack, and to adapt them to	
	tactics and		different situations	
		•	know and understand rules of differing sports	





<u> </u>			STATE OF THE PARTY
	compositio		
	nal ideas		
PE	Knowledge and	know and understand the basic principles of warming up, and understand why it is important for a good quality performance	Aut Spr & Sum
	understandi		
	ng of fitness		
	and health	begin to understand how to calculate Heart Rate	
PE	Evaluating	suggest improvements in their own and others' performances	Aut Spr
	and	choose and use information and basic criteria to evaluate their own and others' work	& Sum
	improving	work well with others, adapting their play to suit their own and others' strengths	
	performanc		
	e		
MFL	Listening	• Understand the main points from a short spoken passage made up of familiar language in simple sentences e.g. A short rhyme or song, a telephone message, announcement or weather forecast, Sentences describing what people are wearing, what they are doing, an announcement or message.	Aut Spr & Sum
MFL	Speaking	<ul> <li>Ask and answer simple questions and talk about their interests - e.g. taking part in an interview about my area and interests; a survey about pets or favourite foods; talking to a friend about what we like to do and wear. discussing a picture with a partner, describing colours, shapes and saying whether I like it or not; asking for and giving directions; discussing houses, pets, food</li> </ul>	Aut Spr & Sum
MFL	Reading	<ul> <li>Understand the main point(s) and some of the detail from short written texts or passages in clear printed script - e.g. very simple messages on a postcard or e-mail or part of a story, three to four sentences of information about my e-pal; a description of someone's school day</li> </ul>	Aut Spr & Sum
MFL	Writing	<ul> <li>Write a few short sentences with support using expressions which they have already learnt - e.g. a postcard, a simple note or message, an identity card</li> <li>Write a short text on a familiar topic, adapting language which they have already learnt- e.g. three to four sentences for a wall display; a simple e-mail message</li> </ul>	Aut Spr & Sum
Music		<ul> <li>sing songs in a wide variety of styles, showing accuracy and expression</li> <li>play a range of percussion/orchestral instruments with increasing confidence and ability</li> </ul>	Autumn





*				
		•	play and improvise as part of a group and as solo performer	
Music		•	sustain a melodic ostinato or drone to accompany singing/other instruments	Spring
		•	sing a song with an understanding of its history and purpose (i.e. song about the	
			environment, gospel song, protest song)	
		•	play by ear - copy back; finding phrases or melodies on instruments with increasing	
			confidence	
		•	talk about music they hear using musical terms	
Music		•	sing independently with increasing confidence and accuracy	Summer
		•	perform expressively showing an understanding of the music and its context	
		•	perform in a variety of styles/genres and own compositions, to an audience of adults and	
			school assembly	
		•	compose a group / class arrangement of a song using voices and instruments	
		•	talk about the combined effect of layers in their own arrangements and compositions and	
			how their pieces can be refined to achieve their desired effect	
PSHE	Being me in	•	I can compare my life with other people in my country and explain why we have rules,	Autumn
	my learning		rights and responsibilities to try and make the school and the wider community a fair place	1
	world	•	I can explain how the actions of one person can affect another and can give examples of this	
			from school and a wider community context.	
<b>PSHE</b>	Celebrating	•	I can explain the differences between direct and indirect types of bullying and can offer a	Autumn
	Difference		range of strategies to help myself and others if we become involved (directly or indirectly) in	2
			a bullying situation.	
		•	I can explain why racism and other forms of discrimination are unkind. I can express how I	
			feel about discriminatory behaviour.	
PSHE		•	I can compare my hopes and dreams with those of young people from different cultures	Spring 1
	Goals	•	I can reflect on the hopes and dreams of young people from another culture and explain how	
			this makes me feel.	
PSHE	Healthy me	•	I can explain different roles that food and substances can play in people's lives. I can also	Spring 2
			explain how people can develop eating problems (disorders) relating to body image	
			pressures and how smoking and alcohol misuse is unhealthy.	
		•	I can summarise different ways that I respect and value my body.	
<b>PSHE</b>	Relationshi	•	I can compare different types of friendships and the feelings associated with them. I can also	Summer
	ps		explain how to stay safe when using technology to communicate with my friends, including	1
			how to stand up for myself, negotiate and to resist peer pressure	





		•	I can apply strategies to manage my feelings and the pressures I may face to use technology in ways that may be risky or cause harm to myself or others	
PSHE	Changing	•	I can explain how boys and girls change during puberty and why looking after myself	Summer
	Me		physically and emotionally is important.	2
		•	I can express how I feel about the changes that will happen to me during puberty. I accept	
			these changes might happen at different times to my friends.	