



A reflection on what our favourite fruits reminded us of the conditions required to grow sweet and juicy crops. The children identified water, soil and sun as essentials. This was then reflected in the parable that Jesus told of how good healthy fruit is like the kind acts that people do if they love God, themselves, and others by following his word and keeping healthy. As we begin the time of reflection in Lent we are all trying to come closer to God by doing his will and giving more of ourselves through our ACTIONS. -Mrs A M Kendal, Head of School

“To celebrate the sacrament of reconciliation means to be wrapped in a warm embrace.” **Pope Francis**

**Pupil of the Week:** Pupils who gained a certificate this week are:

- Reception – Zuzanna
- Year 1 –Scarlett-Rose
- Year 2 – Anashe
- Year 3 – Mila
- Year 4 – Jaime
- Year 5 – Iden
- Year 6 – Valerie



**House Points:** Well done to **St Theresa** this week's winners with **230** points!

- St Bernadette – 149
- St Francis – 203
- St Paul – 184
- St Theresa – 230
- St Thomas More – 192
- St Anne Line – 170

**Ash Wednesday and Lent:** As we begin the journey of Lent together do see this link to the CAFOD [website](#), which has some beautiful ideas for prayer within the home.

**World Book Day:** We celebrated a wonderful twenty five years of World Book Day on Thursday. The children looked brilliant dressed as their favourite character and were so keen to share with everyone who they had chosen and why. During the day they had the chance to share a book with another pupil in a different class which they really enjoyed. Don't forget to spend that book voucher on another special book.

**Packed Lunches:** While encouraging our students to make healthy choices we expect children who have packed lunches to reflect this. Therefore, chocolate bars, sweets and fizzy drinks must not be brought into school for lunch or as a snack. Please remember we are nut-free school, (peanut butter and Nutella contain nut extract).

**Stations of the Cross:** Part of Lenten journey is understanding the story of Jesus's last day on this earth. During Lent the key stage two classes will meet to pray the Stations together. On Tuesday 22<sup>nd</sup> March (10am) you are invited to join us to pray the stations together and help you prepare for EASTER.

**Harlow Foodbank:** From Monday 21<sup>st</sup> February Harlow Foodbanks opening times will be Monday - Friday 11am - 2.00pm at St Paul's Church and Wednesday 11am – 2pm at the Salvation Army. If you would like more information on Harlow Foodbank follow the link [here](#).

**CAFOD “Walk Against Hunger”:** We will be taking part in the CAFOD “Walk Against Hunger” appeal this year. We will be sending home sponsorship forms to all KS2 children. If you would like to make a donation, please follow the link: [St Luke's Catholic Academy - Walk Against Hunger CAFOD](#) Your support will be very much appreciated. This money will be used

by CAFOD to support people living in poverty in Africa and Ukraine.

**Year 3 Pizza making:** This week Year 3 made pizza's, follow the link to see photo's [Year 3 class page](#).

**COVID-19:** On Monday 21 February, the Prime Minister set out the next phase of the government's COVID-19 response '[Living with COVID-19](#)'. COVID-19 continues to be a virus that we learn to live with and the imperative to reduce the disruption to children and young people's education remains.

**Dinner Menu:** Our school dinner menu can be located [here](#) on our website. W/C 7<sup>th</sup> March will be week 1.

**Upcoming Dates:**

- Tuesday 8<sup>th</sup> March:** Year 6 Mass
- Wednesday 9<sup>th</sup> March:** Year 4 class Trip
- Friday 11<sup>th</sup> March:** Year 1 class workshop
- Thursday 17<sup>th</sup> March:** Year 3 class trip
- Thursday 17<sup>th</sup> March:** Year 5 Mass
- Friday 18<sup>th</sup> March:** Red Nose Day (non-uniform)
- Tuesday 22<sup>nd</sup> March:** Year 4 Mass
- Thursday 24<sup>th</sup> March:** Reconciliation Service for Years 3-6
- Friday 25<sup>th</sup> March:** Year 1 class assembly 9.05. Parents welcome
- Tuesday 29<sup>th</sup> March:** Reception Class 'Ugly Bug Ball' at 2.30
- Thursday 31<sup>st</sup> March:** Year 3 & 4 Easter Play 2.15pm
- Friday 1<sup>st</sup> April:** 1pm Finish for Easter Holidays

