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Our thoughts this week were focused on an artist named Khaled Ballout who painted some beautiful images of the sky and sea at the most challenging time in his life. He felt the wonder of nature inspired him and reminded him of the strength and courage that he is given by the Holy Trinity. The Father, the Son and the Holy Spirit, all who help him to get through troubling times. Our children reflected on how we are supported by God in this way in all that we do. - *Mrs A M Kendal, Head of School*

"A healthy family life requires frequent use of three phrases: "May I? Thank you, and I'm sorry" and "never, never, never end the day without making peace." **Pope Francis**

Pupil of the Week:

Pupils who gained a certificate this week are:

Reception-Harrison

Year 1 – Kevin Year 2 – Adanna Year 3 – Bradley Year 4 – Tinaye Year 5 – Chinedum Year 6 – Harrison

House Points: Well done to **St Bernadette** this week's winners with **219** points!

St Bernadette – 219
St Francis – 165
St Paul – 210
St Theresa – 118
St Thomas More – 131
St Anne Line – 154

Year 4 Swimming: Year 4 have started their course of swimming at Stewards this week. There certainly were some excited and then tired children on their return. It is great to see them enjoying this very important skill.

First Holy Communion: Congratulations to Nena, who celebrated her special day on Sunday. Next week we will be having a special Going Forth Mass to celebrate with all the children who have had their First Holy Communion. All parents and community members are very welcome to join us and celebrate this special day. Tea and coffee will be served afterwards.

Bikeability: A group of Year 6's have been learning their very important road safety rules as they have been part of the bikability course. This ensures children really know how to stay safe and cycle on the road. An excellent way to stay safe and fit. More Year 6 students will be learning these important skills next week.

Digital Wellbeing: Following last terms Digital Wellbeing top tips see attached what can affect your digital wellbeing.

Year 1 Prayer Service: On Tuesday it was lovely to have so many parents join Year 1 and Fr Bernard for a lovely prayer service on Holidays and Holydays. The children shared their reflections thoughts and prayers as well as some beautiful pictures and singing. The class shared their RE work with parents too. Thank you to Mrs Paget for preparing the children.

Visitors: This week we have been lucky to have one of our governors and trustees (Deacon Tony) come to visit some of our RE lessons and talk to our children about all the amazing work they do in their mission teams. Deacon Tony very kindly sent a thank you saying the school was "remarkable" and he had really enjoyed talking with all the children. On Thursday we were pleased to welcome Mr Morris, our Inclusion governor who spent the morning with Miss Kendell learning about all the work that is going on throughout the school.

Pebble Competition: Our School council launched a pebble design competition this Monday. Children have designed an image for a pebble for the Harlow pebble competition. Thank you for all the great entries.

House Captains: This week our house captains led their final meeting asking the children to reflect on their year and plan some promises and goals for their next step. It was great to see them leading the classes so confidently and supporting the younger children. They have been wonderful role models all this year.

Changing Me: This terms topic in PSHE is Changing Me. In this topic children explore the changes they experience both physically and emotionally as change occurs. A parent meeting is available for this if you would like watch the recorded version do message the office. Guitar Lessons: St Luke's has an external guitar tutor who attends the school on a weekly basis to provide one to one music tuition. Guitar lessons are for Year 1 and above. Please contact Mr Burton directly on info@matthewburtonmusic.co.uk for more information.

Free School Meals: Automatic entitlement to free school meals finishes at the end of Year 2 and only children from low income families are eligible from Year 3. An application for your child to receive a free school meal must be made here or by calling 0345 603 2200.

Dinner Menu: Our School Dinner Menu can be located <u>here</u>. Week commencing 12th June is Week 2.

Upcoming Dates:

Tue 13th June: Going Forth Mass – 9.15am (Parents Welcome)

Wed 14th June: Y6 Brentwood Retreat Day Fri 16th June: Y4 Class Assembly 9.15 (Parents Welcome)

Fri 16th June: Nursery Sports Day – 11am Mon 26th June: Year 5 PGL talk 5pm – Virtual. Thur 29th June: St Peter & St Paul Mass 11am (All welcome)

Fri 30th June: Non Uniform Day for St Claire's Hospice £1 donation

Please see the link for **updated** key dates within the Summer Term Key Dates 2022-2023

Mass Times:

Holy Cross Parish Mass Times are:

Saturday 5.30pm Sunday 9am and 11am
holycrosschurchharlow.co.uk

Our Lady of Fatima Parish Mass times are:

STM Church Sunday 8.30am

OLF Church: Saturday 6pm

Sunday 10.30am, 12.15pm (Polish)
https://olfstm.weebly.com/



